



Creating a Supports Intensity Scale for Children (SIS-Children)

Anffas Onlus Seminar on the Italian Standardization Version Supports Intensity Scale (SIS)

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SIS - Children (Draft)

- **Part 1 - Seven subscales related to seven domains of support**
- **Part 2 - Exceptional and Medical Support Needs, includes 17 items associated with medical conditions and 14 items associated with behavioral problems**

Part 1, Subscale 1- Home Living Activities

1. **Completing household chores**
2. **Eating**
3. **Washing and keeping self clean**
4. **Dressing**
5. **Using the toilet**
6. **Sleeping and/or napping**
7. **Keeping track of personal belongings at home**
8. **Keeping self occupied during unstructured time (free time) at home**
9. **Operating electronic devices**

Part 1, Subscale 2 - Community and Neighborhood Activities

1. Moving around the neighborhood and community
2. Participating in leisure activities that require physical activity
3. Participating in leisure activities that do not require physical exertion
4. Using public services in one's community or neighborhood.
5. Participating in community service and religious activities.
6. Shopping
7. Complying with basic community standards, rules, and/or laws.
8. Attending special events in the community or neighborhood such as cookouts/picnics, cultural festivals, music/art fairs, or holiday oriented events.

Part 1, Subscale 3 - School Participation Activities

1. Being included in general education classrooms
2. Participating in activities in common school areas (e.g., playground, hallways, cafeteria)
3. Participating in co-curricular activities
4. Getting to school (includes transportation)
5. Moving around within the school and transitioning between activities.
6. Participating in large-scale test taking activities required by state education systems.
7. Following classroom and school rules
8. Keeping track of personal belongings at school
9. Keeping track of schedule at school

Part 1, Subscale 4 - School Learning Activities

1. Accessing general education curriculum content
2. Using supports to learn academic content
3. Using metacognitive strategies to learn academic content
4. Completing academic tasks (e.g., time, quality, neatness, organizational skills)
5. Using educational materials, technologies, and tools
6. Using problem solving and self-regulation strategies in the classroom
7. Participating in classroom level evaluations, such as tests
8. Accessing the health and physical education curricula
9. Completing homework assignments

Part 1, Subscale 5 - Health & Safety Activities

1. Communicating health related issues and medical problems, including aches and pains
2. Maintaining physical fitness.
3. Maintaining emotional well-being
4. Maintaining health and wellness.
5. Implementing routine first aid when experiencing minor injuries such as a bloody nose
6. Responding in emergency situations
7. Protecting self from physical, verbal, and/or sexual abuse
8. Avoiding health and safety hazards

Part 1, Subscale 6 - Social Activities

1. Maintaining positive relationships with others
2. Respecting the rights of others
3. Interacting with friends.
4. Responding to and providing constructive criticism.
5. Coping with changes in routines and/or transitions across social situations
6. Making and keeping friends.
7. Communicating with others in social situations
8. Respecting others personal space/property
9. Protecting self from exploitation and bullying

Part 1, Subscale 7 - Self-determination and Advocacy Activities

1. Expressing preferences
2. Setting short and long range personal goals
3. Taking action and attaining goals
4. Making choices and decisions
5. Advocating for and assisting others
6. Learning self-determination and self-advocacy skills
7. Communicating personal wants and needs
8. Participating in educational decision making
9. Using problem solving and self-regulation strategies in the home and community

Part 2, Exceptional Medical Support Needs

Respiratory care

Inhalation or oxygen therapy
Postural drainage
Chest PT
Suctioning

Skin care

Turning or positioning
Dressing of open wound(s)

Feeding assistance

Oral stimulation or jaw positioning
Tube feeding (e.g., nasogastric)
Parenteral feeding (e.g., IV)

Part 2, Exceptional Medical Support Needs (cont.)

Other exceptional medical care

- Protection from infectious diseases due to immune system impairment
- Seizure management
- Dialysis
- Ostomy care
- Lifting and/or transferring
- Therapy Services
- Diabetes Management
- Other(s) – Specify

Part 2, Exceptional Behavioral Support Needs

Externally-directed destructiveness

- Prevention of assaults or injuries to others
- Prevention of property destruction
(e.g., fire setting, breaking furniture)
- Prevention of stealing

Self-directed destructiveness

- Prevention of self-injury
- Prevention of pica (ingestion of inedible substances)
- Prevention of suicide attempts

Part 2, Exceptional Behavioral Support Needs (cont.)

Sexual

- Prevention of sexual aggression
- Prevention of non-aggressive but inappropriate sexual behavior

Other exceptional behavioral concerns

- Prevention of tantrums or emotional Outbursts
- Prevention of wandering
- Prevention of substance abuse
- Maintaining mental health treatments
- Prevention of Truancy
- Other(s) – Specify

Future Plans

- **Field test this spring and summer with 3,000 children with intellectual disabilities in the USA and Canada**
- **Publish SIS Children's Users Manual in 2009**



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